



Governor Ted Hughes

DISTRICT A-4 GOVERNOR'S NEWSLETTER

Ontario/Québec
"Together we can make it happen!
Ensemble on va réussir"



October, 2005

Greetings to all the members of the A4 Lions Family

Summer has gone and I hope you had a great time making memories with family and friends.

My summer went quickly. Sally and I had a great time in Hong Kong where we met many old friends and found many new ones. It was hot, humid and rainy. I have never seen so many people on the streets, not even Christmas in Manhattan could compare. It was a great learning experience and we would not have missed it. Sally and I will always remember those ten days fondly, though we don't wish to repeat the 16-hour flight with three meals of noodles.

By now, you know President Ashok Metha's theme "**Passion to Excel.**" He is asking Lions to have passion to serve, to promote, to lead, to grow and to perform.

The passion of a Lion is not to be underestimated. It is passion that drives Lions to give so freely of themselves, their time and resources in deference to others. It is passion that made Lion Clubs International the world's greatest service organization. It is the goal of the 2005-2006 International Program that passion will continue to unite Lions throughout the world in a common mission, a quest for unparalleled excellence, a passion to excel.

My prime goal this year is to try to meet some of the goals set by our International President. I would like to see as many clubs as possible provide vision screening programs for children. I would like to see more clubs providing opportunities for children like Effective Speaking, Peace Posters and Leos, while not overlooking the BAIT Program, Diabetes Awareness and the many other community initiatives that we are involved in.

We must have the passion to promote. We are the largest and the best service club in the world, but often the best kept secret, so let's get out and promote our organization through the media. Let your community know all the good you do.

We must strive to maintain the membership in our clubs, in order to sustain the development of our programs. However, we must also actively seek new members to add their energy and skills to our mission. I am asking each club to increase its membership by at least one, so that at

Salut à tous les membres de la famille Lion du District A4

L'été est fini et j'espère que vous avez eu du plaisir à faire des bons souvenirs avec vos familles et amis.

Mon été a passer rapidement. Sally et moi avons eu beaucoup de plaisir à Hong Kong où nous avons rencontré beaucoup d'anciens amis et où nous avons fait de nouvelles connaissances. Il faisait chaud, humide et le temps était pluvieux. Je n'ai jamais vu autant de gens sur les rues, pas même au courant de la saison de Noël à Manhattan pourrait comparer. C'était une grande expérience que je n'aurait pas manquée. Sally et moi nous rappellerons tendrement ces dix jours, bien que nous ne souhaitons pas de répéter l'envolée de 16 heures avec trois repas des nouilles.

Maintenant, vous savez le thème du Président Ashok Metha "**Passion pour exceller.**" Il demande aux Lions d'avoir la passion de servir, de favoriser, de mener, de développer et d'exécuter. La passion d'un Lion ne doit pas être sous-estimée. C'est une passion qui conduit les Lions à donner librement d'eux-mêmes, leur temps et ressources par la déférence à d'autres. C'est une passion qui a rendu le Club International des Lions la plus grande organisation de service au monde. C'est le but du programme international 2005-2006 que la passion continuera à unir les Lions dans le monde entier dans une mission commune, une recherche pour l'excellence inégalée, une passion à exceller

Mon but principal pour cette année est d'essayer de rencontrer certains de ces buts placé par notre président international. Je voudrais voir autant de clubs que possible fournir des programmes de criblage de vision pour les enfants. Je voudrais voir plus de clubs présenter des opportunités aux enfants comme "Effective Speaking", "L'affiche de paix" et les Léos, sans négliger le programme de BAIT, le programme de la diabète et les nombreuses autres initiatives communautaires avec lesquelles nous sommes impliqués.

Nous devons avoir la passion de promouvoir. Nous sommes le plus grand et le meilleur organisme de service dans le monde, mais souvent, le meilleur secret gardé; donc, sortons et favorisons notre organisation à travers le média. Communiquer à votre communauté le bon que vous accomplissez.

Nous devons tâcher de maintenir l'adhésion dans nos clubs, afin de soutenir le développement de nos programmes. Cependant, nous devons également activement chercher de nouveaux membres pour ajouter leur énergie et qualifications à notre mission. Je demande à chaque club d'augmenter son adhésion au moins d'une personne, de



District A4 Cabinet 2005-2006

Secretary / Secrétaire Lion Tom Keates 122 Garrett Road, RR#1 Elgin, ON – K0G 1E0 (613) 272-2605 ctkeates@rbsinternet.com	Governor /Gouverneur Lion Ted Hughes 196 King Street, East Brockville, ON – K6V 1C4 (613) 345-0357 salted@ripnet.com	Vice Governor / Gouverneur Adjoint Lion James Johnston 529 Laroche Crescent Chalk River, ON – K0J 1J0 (613) 589-2092 jamesj@magma.ca	Treasurer / Trésorier Lion Sam Maddin 78 Chicksaw Crescent Kanata, K2M 1M7 (613) 591-0056 sam_maddin@hotmail.com
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the convention we will be able to induct 75 new members at the Worldwide Induction Day. I will be asking the MERL Team and the Mission 30 Chairperson to assist clubs in this effort.

My theme this year is, *Working Together We can Make it Happen*. This was chosen to remind all Lions that we do make things happen. I am sure in the coming year that we will share the passion and achieve the goals of our International President.

This year will be exciting with the implementation of three international programs: SightFirst 2 was launched in Hong Kong with a goal of raising \$200 million for vision programs. Mission 30 – a plus one program that encourages clubs and districts to add one new member and one new club respectively. And finally the STAR Program which enables District Governors to request Presidential Awards based on Membership growth. All of these programs will be the topic of sessions at the fall conference, so plan to attend.

Also I am asking all presidents, secretaries and club membership chairperson to attend all Zone Meeting for the District and take an active role in the new programs.

If you need help, answers, or information, there is a vast array of knowledge out there. Please contact your cabinet chairperson. They will be only too willing to assist you. They also make great guest speakers, so please utilize them.

In closing, I would like to take this opportunity to thank all of you for giving me the chance to serve as your Governor for this great District of ours. I know that working together *we will make it happen*. I look forward to meeting and speaking with you on my visits throughout the District this year. In the meantime, if I can assist you in any way please do not hesitate to contact me. Finally I ask and hope that all Lions and Lions Clubs in the great District of A4 find it in their hearts to help the victims of Katrina, either by making a donation to LCIF or through the District Treasurer. We must help others who are suffering so much, as we did during the relief effort after the Tsunami Disaster.

Let us serve again.

sorte qu'à la Convention nous puissions installer 75 nouveaux membres au "Jour mondial d'induction". Je demanderais à l'équipe de MERL et au président de la Mission 30 d'aider les clubs dans cet effort.

Mon thème que cette année est: *Travaillant ensemble, nous pouvons le faire passer*. Ceci a été choisi pour rappeler tous les Lions que nous accomplissons nos buts. Je suis certain qu'au courant de l'année nous partagerons la passion et réaliserons les buts de notre président international.

Cette année sera stimulante avec l'introduction de trois programmes internationaux; SightFirst II a été lancé à Hong Kong avec un but de soulever \$200 millions pour des programmes de vision. Mission 30 – un programme, "plus un" qui encourage les clubs et les districts à ajouter un nouveau membre et un nouveau club respectivement. Et finalement le programme d'ÉTOILE qui permet aux gouverneurs de district de demander les reconnaissances présidentielles basé sur la croissance d'adhésion. Tous ces programmes seront la matière des sessions à la conférence d'automne, donc, planifier à y être.

En outre je demande à tous les présidents, secrétaires et président d'adhésion de club d'assister à toutes les réunions de zone pour le district et de prendre un rôle actif dans les nouveaux programmes.

Si vous avez besoin d'aide, de réponses, ou d'information, il y a un vaste choix à votre disposition. Veuillez contacter vos représentants au Cabinet. Ils seront disposés à vous aider. Ils font également de grands interlocuteurs, sachez les inviter à vos réunions.

En terminant, je voudrais saisir cette occasion de vous remercier de me donner la chance de servir comme votre gouverneur de ce grand District. Je sais quand travaillant ensemble nous accomplirons se but. J'ai hâte de vous rencontrer et de parler avec vous au courant de mes visites dans tout le district cette année. En attendant, si je peut vous aider de quelque façon, n'hésiter pas à me contacter. Enfin, je demande et j'espère que tous les Lions et les clubs de lions dans le District A4 trouvent dans leurs coeurs d'aider les victimes de Katrina, en faisant un don directement à LCIF ou par l'entremise du trésorier du district. Nous devons aider d'autres qui souffrent tellement, comme nous avons fait pendant l'effort de soulagement après le désastre du Tsunami.

Servons encore.



LCIF MOVES AHEAD WITH HURRICANE KATRINA RELIEF

Donations are pouring into LCIF to aid victims of Hurricane Katrina. Every day we also receive numerous reports of how Lions nationwide are assisting the relief effort. Hundreds, if not thousands, of clubs have collected and transported goods, provided services for evacuees, raised funds or even traveled to the Gulf Coast to lend a hand. Here are just a few examples.

A 14-person Lions Disaster team from Nevada and California loaded up pickup trucks and motor homes with food, clothing and supplies, headed east to Mississippi and set up a central command post at the Gulfport Lions Deaf Center. Quickly realizing that families in need had no way to come to them, the Lions broke up into four-person teams and traveled deep into rural areas to deliver supplies. Grateful recipients said the Lions were the first relief personnel they had seen. The Lions, who had to battle hordes of nasty mosquitoes, also helped the distressed residents with debris removal.

The daughter of Past International Director Jack Weber persuaded her students at a Long Island, New York, school to donate the funds they raised for Katrina victims to LCIF. The amount is expected to be several thousand dollars.

The Waverly Lions Club in Iowa is gathering 1,000 pounds of construction-related tools and supplies such as hammers, saws, nails and screwdrivers for a Lions warehouse in Mobile, Ala., that is serving hurricane victims. Other clubs in the Waverly Club's zone were challenged to match that amount.

Lions from District 2-S2 in the Houston area provided vision screenings for 3,000 evacuees at the Reliant Center and the George R. Brown Convention Center in Houston.

About 2,000 of those screened were fitted with replacement eyeglasses. LensCrafters and Wal-Mart partnered with Lions on the Lions Eyeglasses for Katrina Evacuees Project. The Lions Eye Bank of Texas trailer is now being used to reach evacuees in other locations who may need eyeglasses.

LCIF also is moving ahead with assistance to those affected by Katrina. The steering committee for hurricane relief arranged for a mobile eye van belonging to the Alabama Lions to provide vision exams and dispense eyeglasses in Mississippi. Vision Service Plan (VSP) has generously agreed to provide optometrists to staff the van (in addition to volunteer Lions), and the University of Alabama-Birmingham is providing the necessary equipment. Uncovered expenses will be paid for by LCIF from the US\$200,000 Major Catastrophe grant it previously awarded. Undoubtedly, this project will not only help people with their eyeglass needs but also uncover eye disease in its early stage and prevent blindness.

Lions also have provided children in Mississippi whose schools were destroyed with a "school in a box," a UNICEF kit with school materials and supplies. Lions delivered 23 kits, each of which serves 80 children, to the St. Martin school district, which had two of its three schools destroyed, and Bay Waveland school district, which has only one school open out of six. The kits contain 39 kinds of school items including books, pencils, erasers, scissors, chalkboards, plastic cubes for counting and a set of three laminated posters (alphabet and multiplication and number tables).

The kit allows a teacher to establish a makeshift classroom almost anywhere.

The school superintendents who received the kits "expressed their deep appreciation for our efforts and asked that we keep them in our prayers," said International Director Howard Jenkins of Mississippi, who, along with Past International Directors Al Brandel of New York and Lowell Bonds of Alabama, spearheaded the effort to help the schoolchildren. Jenkins and Bonds serve on the steering committee set up by LCIF to coordinate Katrina relief. The school kit operation is the first time the U.S. government permitted UNICEF to aid in an American disaster. Lions are one of only four distribution organizations.

LCIF has received US\$1.5 million to date from Lions for Hurricane Katrina relief. LCIF will use the funds to address unmet needs of those affected by the hurricane including: 1.) providing shelters with unmet substantial needs such as food, clothing, personal hygiene items and bedding, 2.) offering health services such as eyeglass distribution, and 3.) meeting needs of Lions camps and facilities housing victims of the disaster.

Donations to LCIF for Hurricane Katrina from Aug. 29 to Nov. 30, 2005, are eligible for Melvin Jones Fellowship recognition. To count toward an MJF, the donation must be a single US\$1,000 payment from a donor. The Melvin Jones Fellow does not have to be named when the donation is made.

(Con't on page 4)



Hurricane Katrina (con't)

You, too, can help publicize the relief efforts of your clubs and districts. Our special [Web site](http://www.lions-katrina.org/public_relations.shtml) on Katrina has a list of dos and don'ts in dealing with the media as well as a generic press release.

http://www.lions-katrina.org/public_relations.shtml

The Web site also has a [Help Link](http://www.lions-katrina.org/help_link.shtml) to connect Lions who want to help with Lions in the Gulf Coast. Lions in the Gulf Coast: please regularly view this page and contact those Lions who can provide the services and goods you may need.

http://www.lions-katrina.org/help_link.shtml

Please continue to [support LCIF's relief efforts](http://www.lions-katrina.org/making_a_donation.shtml). Clubs that accept monetary donations from the public can forward those funds to LCIF. Be sure to provide us with the contact information for the donors so LCIF can send them a warm acknowledgement.

http://www.lions-katrina.org/making_a_donation.shtml

Lions in the Gulf Coast are tremendously grateful for the assistance of other Lions. As just one example, District Governor Ann Sanders of 8-L in Louisiana wrote to LCIF, "I thank God for all the Lions that have come forward to help. I have had phone calls from all over the U.S. and was very glad to hear from them. I also have received e-mails from across the ocean. God bless you all and all at International."

I have one final piece of news. Fortunately, Hurricane Rita was not as devastating as feared. But there was widespread damage. LCIF has approved or will approve shortly several US\$10,000 Emergency Grants to allow Lions to distribute vouchers for food, clothing and medicine.

Yours in service,

Clement F. Kusiak
2005-2006 LCIF Chairperson

LINK SUMMARY:

Hurricane Katrina Web site

http://www.lions-katrina.org/public_relations.shtml

Hurricane Katrina Help Link

http://www.lions-katrina.org/help_link.shtml

Hurricane Katrina Donations

http://www.lions-katrina.org/making_a_donation.shtml

LIONS CLUB INTERNATIONAL M "D" A EFFECTIVE SPEAKING DISTRICT A-4

September 30, 2005

To All Clubs in District A-4

Once again it is time to announce the Effective Speaking Contest for 2005-2006 and request your support for this District and Multiple District project. This year the competition will be held at the Pontiac High School in Shawville, Quebec on Saturday, April 1, 2006. As in previous years, there are three categories [English and French] :

Junior Category- Grades 6 - 8 - Elementary

Intermediate Category - 9 - 10 - Secondary

Senior Category - 11 - 12 - Ontario,

1st year CGEP Quebec

Each of the Secondary schools has been notified of the contest by letter and a copy is attached for your information. If you receive calls from local teachers and/or students, please take time to encourage the schools to participate and offer to assist to get the students to the competition. In most cases, the teachers will look after selecting the top students in their respective classes.

As we do not have sufficient resources to contact each of the elementary schools, we ask each Club to contact the elementary schools in your community and offer to assist in determining the availability of students for the Junior Category . Over the past years we have consistently been proud to sponsor a number of winners. It demonstrates the kind of commitment that students, their teachers, and sponsoring Lions Clubs have toward this project.

With your support, we can ensure another successful Effective Speaking Contest.

Yours In Lionism

Lion John Musgrove
Effective Speaking
Chair
PO Box 291
Shawville QC
J0X 2Y0





MD "A" EFFECTIVE SPEAKING—DISTRICT A-4

The Effective Speaking program needs your support once again this year to assist in operating the MD "A" Effective Speaking program. As I am sure you are aware, this is a program to offer students the opportunity to express their thoughts and present themselves in an effective manner.

This Program has been receiving renewed attention by all schools in our District. To maintain our support, funds are required to operate this very successful Effective Speaking Competition. We are seeking a donation from your Club to assist in the operation of this competition. Last year 47 students competed at the District level and the six (6) winners were financially supported by District A-4 to compete at the MD "A" Effective Speaking Finals in Kitchener. Our students place first in 2 of 6 categories. To continue this exciting program a donation of \$145.00 from your club would be appreciated.

It is difficult, as you know, to plan events and make commitments without financial support so I am looking forward to receiving a favourable response and for this I say "THANK YOU".

PLEASE MAKE CHEQUE PAYABLE TO: DISTRICT A - 4 EFFECTIVE SPEAKING

**Please send cheques to: LION JOHN MUSGROVE
Box 291,
Shawville, QC, J0X 2Y0**

The donation will be recorded and forwarded to the DISTRICT TREASURER.

REMEMBER TO BE INVOLVED YOU MUST GET INVOLVED
SO LET US ALL GET INVOLVED
AND SHOW THE LEADERS OF TOMORROW WE CARE

District A-4 M.O.R.E.Program

For the past 4 years the "Lions Family" of District A-4 has financially supported the "Transplant Assistance Program" established at The Ottawa Hospital to assist needy donors/recipients during initial testing procedures and post-operative recovery. This financial assistance is available at all Ottawa Hospital Campuses, namely, The Ottawa Civic Hospital, The Heart Institute, The Riverside, and the General Hospitals.

For some people this is a matter of "Life & Death" should a donor not be found. When a patient is fortunate to have a compatible organ donor, it gives them a whole new outlook on life. Unfortunately most people neglect to fill out a donor card thereby allowing many people to die needlessly. There are thousands of people in Canada waiting for an organ transplant and a second chance at life. Many won't have that chance unless we make an effort to inform the public of how important organ donation can be. We can help make a difference.

To indigent donors and recipients financial expenses become a real worry, which is the last thing that should be on their mind. Expenses such as transportation, accommodation, monthly mortgage payments, parking for loved ones, the list goes on. "The Lions Family" has assisted many such people financially to ensure that they have successful transplants without these worries. This assistance is given only when no other resources are available.

At the present time the Transplant Assistance Fund needs your clubs financial support if we are to continue to help these donors/recipients. Please seriously consider a donation to this worthy program. I am available to speak to your club or zone at your convenience.

I would also like to suggest that your club set aside at least one day of the year to publicize and make the people in your area aware of the importance of Organ Donation, perhaps at your local fair or Shopping Center and hand out donor cards and car stickers. More donors mean more lives can be saved. I can supply you with the material you need.

Send donations to the District A-4 Treasurer, make cheques out to (District A-4 M.O.R.E.).

"Don't Send Your Organs to Heaven, Heaven Knows We Need Them Here".

Yours in Lionism,

Lion Al Tanner PDG
1940 Michigan Ave.
Ottawa, Ontario
(613) 731-2670 Email - allan.tanner@sympatico.ca



District A4 MERL Team Activities

On September 10 - 11, the District A4 MERL team attended the MDA MERL Symposium in Markham, Ontario. Its main focus was to discuss ideas and develop plans to address the retention challenge within the districts and produce stronger, healthier clubs. On the Saturday evening of the Symposium, the A4 MERL team met for a roundtable discussion as to how we could approach the retention challenge within District A4 and many great ideas were discussed.

A few members of the MERL team also attended the USA/Canada Forum in Peoria, Illinois from September 21 - 24. Many of the sessions at the Forum generated excellent discussion and ideas on issues directly and indirectly related to MERL. If you have never been to a Forum, I would recommend that you consider attending one. It is absolutely one of the greatest venues for learning on topics of Lionism that you could ever partake in.

The MERL team met for its first official meeting. Based on the discussion at the Symposium, further discussion ensued and action plans were developed. These action plans will form the basis of an official District A4 Membership Growth and Development Program to provide continuity as well as being a valuable tool for future MERL teams.

In an effort to help us serve you better, Zone Chairs are distributing a questionnaire to all clubs to get your feedback. The results will be used to aid in focusing the MERL team's activities to help you support your communities more effectively.

The MERL team has been working very hard and very well together but we also need your assistance. If you have any questions, ideas or suggestions, please feel free to contact anyone of the Lions listed below.

MERL Chair – Lion James Johnston
Mission 30 Chair – Lion Bill Dixon
Membership/Retention Chair – Lion Sue Wilkes
Extension Chair – Lion Ken Jones
Leadership Chair – Lion Linda James
Fielding
Region 13 Chair – Lion Andy Etherington
Region 22 Chair – Lion Pat Mathewson
Region 30 Chair – Lion Faye Wilson
Region 41 Chair – Lion Al Page

Zone 13 North Chair – Lion Gerry Langevin
Zone 13 South Chair – Lion Margaret MacNeill
Zone 22 East Chair – Lion Andre Boissonneault
Zone 22 West Chair – Lion Debbie Clouthier
Zone 30 South Chair – Lion Shirley Clark-
Fielding
Zone 30 West Chair – Lion Gail Osborne
Zone 41 North Chair – Lion David Howard
Zone 41 South Chair – Lion Ron McCrory

There is still more work to do, but with all of us working together as a team, we can make it happen.

Lion James Johnston



VISION SCREENING PROGRAM

August 24, 2005

Dear Lion President and Secretary,

The intent of this letter is to inform you that the District is initiating a vision screening of elementary students in the schools of District A -4 this coming year. Sight Conservation Chairman Lion Jim McGlade has already had a meeting with the Region and some Zone Chairs regarding this program. The Zone Chairs will be calling a meeting for all their Zone Presidents to attend so information about the program can be presented to you.

Lion Jim has ordered the Lea Eye Charts, Stereo Fly testers and Colour Test Booklets for each Zone. The Zone Chairs will be instructed in the use of this equipment and they in turn will pass the information on to you.

As Helen Keller said, many years ago, "Lions won't you be my Knights of the Blind"- this program is doing just that. One club in our district has already done some vision testing in a local school and found a number of students who had vision impairment. So the program works.

There will be some expenses involved but can be offset with money generated from your White Cane Day collections. White Cane Day is to take place on Saturday October 1st. If you haven't contacted White Cane chair Lion Dave Barr, 613-659-3326, 1000 Islands Lions Club, I encourage you to phone him as soon as possible to get your White Cane information and handout package.

I look forward to all clubs making this program a success. It will get us back on the SIGHT awareness track which we have been off for some time. The program is working in other districts so we shouldn't have any problems in A-4.

I thank you in advance for your cooperation in getting this program started, and should you need any help or information please contact me as soon as possible.

Yours in Lionism,

Lion Ted Hughes,
District Governor A-4,
Brockville, Ontario.

YOU'RE INVITED!!! A SPECIAL INVITATION FROM THE RENFREW LIONS

The members of the Renfrew Lions Club extend a sincere invitation to their friends in the Lions family of District A-4 to join them as they celebrate 65 years of service to the Renfrew community.

WHEN: Saturday, November 12, 2005
Social Hour begins at 6 p.m. with a Prime Rib Dinner served at 7 p.m.

WHERE: The Renfrew Armory, 115 Coumbes Street, Renfrew (on the Renfrew Fairgrounds)

GUEST SPEAKER: Lion Carl Young, Claremont, ON
MD"A" Council Chairman (1983-84)

TICKET COST: \$35.00 per person

Following our speaker's address and special presentations, you can enjoy dancing to the music provided by The Downtown Boys, who feature rock and roll hits of the 50's and 60's.

Tickets are available by contacting Lion John Bromilow at 613.432.3531 or send an email request to myself at ["ddheadrick@hotmail.com"](mailto:ddheadrick@hotmail.com). We ask that cheques be made payable to "Renfrew Lions Club / 65th Charter Anniversary" and they can be forwarded to the club address (P.O. Box 205, Renfrew, ON K7V 4A3).

As a courtesy to our caterer, we ask that you RSVP by Monday, October 31, 2005.

For an evening of fun and fellowship and Valley hospitality, plan to share an evening with the Lions' family in Renfrew on November 12.



DISTRICT A4 – FALL CONFERENCE 2005

The annual leadership conference was held on October 16th in the Chimo Elementary School, situated in Smiths Falls. Over eighty Lions from all across the district attended the 10 breakout sessions and assemblies. They came with the intent of garnering new ideas, fresh information and new skills to take back to their clubs.

The morning keynote speaker, Mr. Sam Roberts, of Syracuse N.Y., spoke on many topics, with a main focus on leadership and voluntarism. He is not a Lion but has strong credentials in other service areas and a very diverse set of life-skills and experiences, some of which he recounted to us. Sam is a summertime neighbour of Governor Ted at a camp location in Masena. The audience seemed to relate well to his presentation.

Following the opening assembly, two major sessions were well-attended - one entitled: "A Passion to Grow" and the other on the subject of White Cane Day. Members then had options to choose from eight breakout sessions, on a wide cross-section of topics, which had a value to them and their clubs. Most of these sessions ran during two time periods during the afternoon which allowed for options to attend two or three of them over the day.

The closing assembly featured a very strong presentation by Past Council Chairman Carl Young, on SightFirst II. Carl's style is very dynamic and he made good use of a video prepared on the subject by LCI. Also making a very strong showing as guest presentors were PDG Frank Stewart and his partner Lion Muriel Stewart. They did an outstanding job on "Effective Presentations" and those who experienced their sessions will be much improved when it comes to public speaking and formal presentations at their club's and other functions.

The out-of-district guests were shown our appreciation by the Cabinet Secretary, Lion Tom Keates and Governor Ted gave them appropriate gifts and tokens in behalf of all of the Lions' family of District A4. The conference concluded with 35 members having dinner at the Smiths Falls Branch of the Legion. It was a superb prime-rib roast of beef supper with all of the trimmings. The caterer was Lion Betty Laronde, President of the host Smiths Falls Lions Club.

The questionnaires completed by the attendees have not yet been analyzed; however, the feedback received verbally that afternoon and in subsequent Emails and phone calls, leads us to believe that the event was successful and enjoyed by all. As the conference coordinator, Lion Gus thanks all of those who assisted him this year, but most importantly, expresses his gratitude to those of you who came out, participated and enjoyed.

Submitted by Lion C.W. (Gus) Este
October 20, 2005



Guest Speaker
Sam Roberts



From Your Newsletter Editor:

Greetings fellow Lions, Lioness, Lionettes and Leos:

I have again been asked by our District Governor to act as his Newsletter Editor for 2004- 2005. Our objective is to produce a Newsletter which is informative and interesting, and we will try not to duplicate things which you have already received or are available elsewhere.

As well, we will continue to go electronic as much as possible. A hard copy of this newsletter costs about \$3.50, while an e-mail copy costs \$0.00. You will need a copy of Adobe Acrobat Reader, which is available on-line *free* at <http://www.adobe.com/products/acrobat/readstep2.html>

The newsletter will be available on-line at the District A4 Web Pages which you can locate at: <http://members.rogers.com/jamesddoyle/a4/index.html>

For this issue, we have sent a hard copy to Clubs and Cabinet Members who do not have e-mail, and certain others. All remaining A-4 Clubs and Cabinet Members will receive their copy by e-mail. If this is a problem for anyone, please let me know.

I will be pleased, and am expecting, to receive inputs from many of you. I prefer your material to come in by e-mail, but I'll accept anything, including FAX and handwritten material. Preferred format is Word or Wordperfect for text, (Times New Roman, 10 point, is great!), whatever for clipart, and JPEG for pictures. PLEASE, do not format your text - I will do that to make a consistent Newsletter. Also, please do not send scanned text—I can't edit it

Getting information and articles for this newsletter was a bit like pulling teeth, which is why it's almost a month later than I'd hoped. I am planning for the next newsletter to come out in the third week in December, so please start thinking about submitting an article or important announcement NOW!

Cheers! I hope to hear from you.

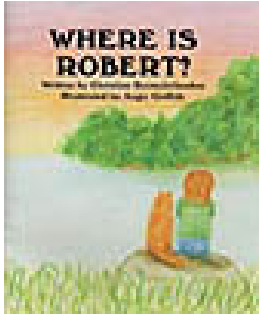
Yours in Lionism.

Lion Rod Brookes
Russell Lions Club
Newsletter Editor, Lions District A-4
E-mail: rbrookes@magma.ca
Phone: (613) 445-5303
FAX: (613) 445-5303 (*but phone first!*)





A Caring Club Project Idea for You from Thrive!



Where is Robert?

The Grief Kit

By Christine Dernerland

As one of many projects that we are offering in connection with Lions-Quest school programs, Thrive! is proud to bring you this book and memory box designed to aid parents, educators, and friends help a child cope with death. As the child works through 'Where is Robert?' they will recognize their feelings of grief in the characters. Children experience feelings including anger, self blame, fear, hurt and loneliness while dealing with grief. These feelings are normal and working through them is a healthy way for everyone to grieve. Sharing the book and the special memory box is a reassuring way to show love for the person who has been lost and to grieve together.

Caring Club Project Idea – Help our friends in Louisiana!

At the recent Multiple District A Council Meeting, there was endorsement to approach clubs to provide these kits to victims of Hurricanes Katrina and Rita. Some children lost family members and/or pets; others lost their homes and all of their possessions. In either case, they are dealing with grief. We have contacted the Lions in Louisiana, and will ship the kits directly to them based on the number that are purchased by Lions. Just send us your cheque, and we'll take care of the rest.

From a local perspective, your Club could equip funeral homes, schools and/or hospitals with this valuable resource to aid young people and the adults who care about them in their time of grief over the loss of a loved one.

New Special Price for Lions Clubs \$12.00 per kit plus \$4 Shipping plus 7% GST = \$17.12/kit

____ Yes, please send _____ grief kits to Lions in Louisiana for distribution to children affected by Hurricanes Katrina and Rita.

____ Yes, please send _____ grief kits to our club for local distribution.

Club Name: _____

Contact/Title: _____

Shipping Address for local kits: _____

Send form & payment to Thrive! 1C-180 Frobisher Drive, Waterloo, ON N2V 2A2

800-265-2680

www.thrivecanada.ca